

Winnipeg Wave Swim Club Records for Males

MALES 15 YEARS AND OVER

SHORT COURSE					LONG COURSE				
EVENT	TIME	SWIMMER	DATE	LOCATION	EVENT	TIME	SWIMMER	DATE	LOCATION
FREESTYLE					FREESTYLE				
50 Free	24.44	David Howell	Feb-89	Edina	50 Free	26.04	Rob Cooper	Jul-85	Edina
100 Free	53.43	David Howell	Feb-89	Etobicoke	100 Free	56.86	Richard Kowal	Jan-86	Etobicoke
200 Free	1:59.02	Arpad Hunka	Dec-93	Winnipeg	200 Free	2:01.66	Richard Kowal	Aug-86	Edmonton
400 Free	4:17.15	Arpad Hunka	Mar-94	Saskatoon	400 Free	4:27.65	Richard Kowal	Feb-86	Regina
800 Free	9:03.42	Arpad Hunka	Mar-94	Saskatoon	800 Free	10:18.57	Bradly Ryant	Jun-09	Brandon
1500 Free	17:01.03	Rob Vaarmeyer	Feb-87	Winnipeg	1500 Free	17:48.10	Richard Kowal	Jan-86	Etobicoke
BREASTROKE					BREASTROKE				
50 Breast	31.39	Richard Kowal	Feb-89	Winnipeg	50 Breast	32.50	Scott Pokorny	Jul-09	Winnipeg
100 Breast	1:07.64	Rob Vaarmeyer	Mar-89	Winnipeg	100 Breast	1:11.01	Scott Pokorny	Apr-09	Winnipeg
200 Breast	2:25.90	Rob Vaarmeyer	Mar-89	Winnipeg	200 Breast	2:38.16	Rob Vaarmeyer	Aug-87	Regina
BACKSTROKE					BACKSTROKE				
50 Back	29.60	Camerson Zealand	Feb-89	Montreal	50 Back	30.78	Bradly Ryant	Jul-09	Winnipeg
100 Back	1:02.47	Camerson Zealand	Feb-89	Winnipeg	100 Back	1:05.69	Bob Martin	Aug-84	Edmonton
200 Back	2:15.62	Camerson Zealand	Feb-89	Winnipeg	200 Back	2:19.58	Rob Vaarmeyer	Jul-86	Winnipeg
BUTTERFLY					BUTTERFLY				
50 Fly	27.83	Danial Vaarmeyer	Feb-89	Brantford	50 Fly	28.24	Scott Pokorny	Apr-09	Winnipeg
100 Fly	59.22	Rob Martin	Feb-87	Winnipeg	100 Fly	1:00.31	Bob Martin	Aug-84	Edmonton
200 Fly	2:09.62	Danial Vaarmeyer	Feb-89	Winnipeg	200 Fly	2:17.02	Bob Martin	Aug-84	Edmonton
IM					IM				
100 IM	1:08.49	Bradly Ryant	Nov-09	Kenora	100 IM		N/A		
200 IM	2:11.22	Brian Martin	Mar-89	Winnipeg	200 IM	2:16.30	Rob Vaarmeyer	Jul-86	Winnipeg
400 IM	4:46.31	Camerson Zealand	Feb-89	Winnipeg	400 IM	4:54.61	Rob Vaarmeyer	Jul-86	Winnipeg

New records for current Wave swimmers noted in blue font.
Previously set records by current Wave swimmers noted in bold black font