



The Tidal Wave

Volume 1 Issue 3

June 2010

SCHEDULE OF EVENTS

June 28:
Annual Family BBQ

July 8-11:
ManSask Championship
in Saskatoon, 6 Wave
swimmers attending

July 21-26:
Swim Manitoba is hosting
Canadian Age Group
Swimming Championships
at Pan Am Pool

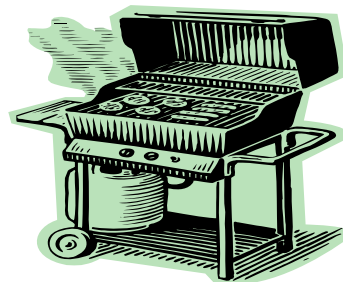
LOOKING AHEAD:
Fall registration will
take place at the
beginning of Sept.
Time and place to be
announced.

Competitive swimmers will begin dryland training just after long weekend in September.

FUNDRAISER INFORMATION

Thank you to all Wave Families for your fundraising efforts. This helps to keep our registration costs affordable.

Winnipeg Wave Annual Family BBQ
Monday June 28, 2010---6:30 pm
Kildonan Park
(1st Shelter across from playground)
Bring Lawn Chairs, Bug Spray, and Field Game Equipment (Balls, Frisbees etc)
Hotdogs, Hamburgers and Drinks Provided
Please bring: Salads, Side Dishes or Desserts



RSVP to hryant@shaw.ca by June 20

Co-Chairs' Message

On behalf of the board of the Winnipeg Wave, we would like to thank you for your membership in and support of the swim club. Our intention is to provide your children with quality swim instruction, competitive opportunities, and the mutual support and teammanship that a club atmosphere fosters.

The 2009-2010 swim season has been one of transformation for the Winnipeg Wave. A number of senior competitive swimmers have graduated from swimming or have moved onto other clubs. As a result the Winnipeg Wave has been in a rebuilding mode. Of the 25 competitive swimmers in the club, a full half of them are swimming competitively for the first time. Nevertheless, club membership is strong: the club has had 118 swimmers registered in its I Can Swim and competitive programs this season.

As a small club, the Winnipeg Wave is challenged by its inability to use economies of scale to meet financial obligations such as pool fees and coaching expenses. As it is, the club operates on break-even financial position. Given that swimming is already very expensive for our member families, the club is hesitant to raise fees.

In spite of our challenges, we have much to celebrate. Three swimmers have achieved age group national times over the course of the season, and our strong small club showings at Junior Provincials and at Man-Sask have legitimated our motto: small club, big results! We look forward to the continued hard work and success of our athletes.

At this point, we would like to thank our wonderful coaches for their hard work and mentorship of the swimmers. Yuri Sisko,

Michael Feuerstein, Kirstine Reyes, and Kaithleen Sarino have put in many hours coaching our competitive swimmers. All these coaches were former Wave swimmers themselves so their dedication has been longstanding.

Michael Feuerstein also directs the I Can Swim Coaches:

Julia, Carly, Michele, and Jeremy. These coaches have not only taught your children to swim well, but they have taught them to swim fast. We appreciate their efforts.

Howard Ryant and Antonia Dibernardo, on behalf of the Winnipeg Wave

Coaches Corner

Hello Wave swimmers and parents!

My name is Kirstine Reyes and I am the novice and developmental competitive swim coach. This is my second year coaching with the Wave. Before coaching, I competed with the Wave for 7 years in Yuri's group with the provincial "AA" swimmers. Swimming is a great way to stay in shape and make tons of new friends.

The novice and developmental competitive group concentrates on introducing competitive swimming, learning proper stroke technique and building up endurance and stamina. I get a lot of my ideas for fun and challenging practices from Yuri. Over the past year, most of my swimmers have moved up to Michael's group and are very close to provincial times.

This session, my group consists of four awesome girls. We have been working extra hard on perfecting stroke technique for next year where I hope that they will continue to swim and possibly enter a few meets!

Swimmer's View

Senior Competitive Team Report

By: Jeremy Ryant

On May 28th to the 30th the wave boys went to the Thunder Bay International Swim Meet.

While we were there we all swam in both prelims and finals and managed to win a total of 11 medals between the 6 of us. It was a really great opportunity to be able to be able to swim against some new competition and see how we compare to other

swimmers all around Ontario and some of the United States.

We also managed to make some new friends along the way as well as doing some siteseeing and shopping. We are all really grateful that we got to have this experience and a special thanks goes out to Roger Beevor and Coach Michael for making it all possible.

The WAVE Recreational/Fitness Program offers those swimmers wanting to remain active in the water, but not wanting to compete. The program helps to improve swim technique, speed and endurance.

Junior Competitive Report

By: Zac Schmitke

I'm 13 years old and in Michael's group. I've been swimming with Wave since January 2009. My favourite part of Wave is trying to beat my personal best times for different events. My favourite and fastest stroke is Freestyle. My

least favourite stroke is Butterfly because it tires me out really fast. Something that I like about Wave is that everyone has really close friendships because it's a small club. Another thing is that everyone encourages you in a race but they also joke around sometimes.

Swim Manitoba is hosting Canadian Age Group Swimming Championships at Pan Am Pool July 21-26. This is a fantastic opportunity to see Canada's best young swimmers.

It is also a great opportunity to volunteer. Volunteers are needed for hospitality and welcome and security, as well as on the deck for timing.

FUNDRAISING OPPORTUNITY: The Wave will receive grant money for each volunteer we can provide. Please call or email:

Sharra Hinton (Chair of the Organizing Committee) as follows:

Email = sharahinton@shaw.ca

Phone = (204) 292-9213



Seven Oaks Pool
444 Adsum Drive
Winnipeg MB

Phone: 334-5927
E-mail: hryant@shaw.ca



Ride the wave of excellence

We're on the Web!
www.winnipegwave.com

Club Philosophy

- The **Winnipeg Wave Swim Club** is committed to excellence in swimming. Whether the goal is to improve swimming skills and techniques or to prepare for competitive swimming, we are committed to helping you obtain your goals.
- At Winnipeg Wave we promote, foster, teach, and perpetuate the sport of swimming. We also provide opportunities for recreational and social interactions between swimmers and members.
- Our club teaches children that they are part of a dynamic team. Their participation, effort, and accomplishments are a significant contribution to the overall success of our club.

WINNIPEG WAVE IS FOR CHILDREN WHO....

- Want to learn how to swim
- Enjoy swimming for fun and fitness
- Want to learn more strokes
- Want to be stronger swimmers for safety reasons
- Want to be challenged in their swimming lessons.
- Have a desire to increase their swimming endurance, regardless of ability.
- Would like to train for competitive swimming.

Meet your Executive Team

CO-CHAIR

Howard Ryant

CO-CHAIR

Antonia Dibernardo

TREASURER

Aurel Tess

SECRETARY

Norma Guiboche

REGISTRAR & MEMBERSHIP COORDINATOR

Howard Ryant

PUBLICITY/NEWSLETTER

Angela Williams & Lance Schmitke

I CAN SWIM REPRESENTATIVE

Vacant

SOCIAL COORDINATOR

Vacant

MEMBER AT LARGE

Vangie Cabilis

Shelly Rossum

FUNDRAISING

Chris LeBlanc & Vangie Cabiles

OFFICIAL COORDINATOR

Antonia Dibernardo

ICS DIRECTOR

Michael Feuerstein

MEET MANAGER

Michael Feuerstein

HEAD COACH

Yuri Sisko

